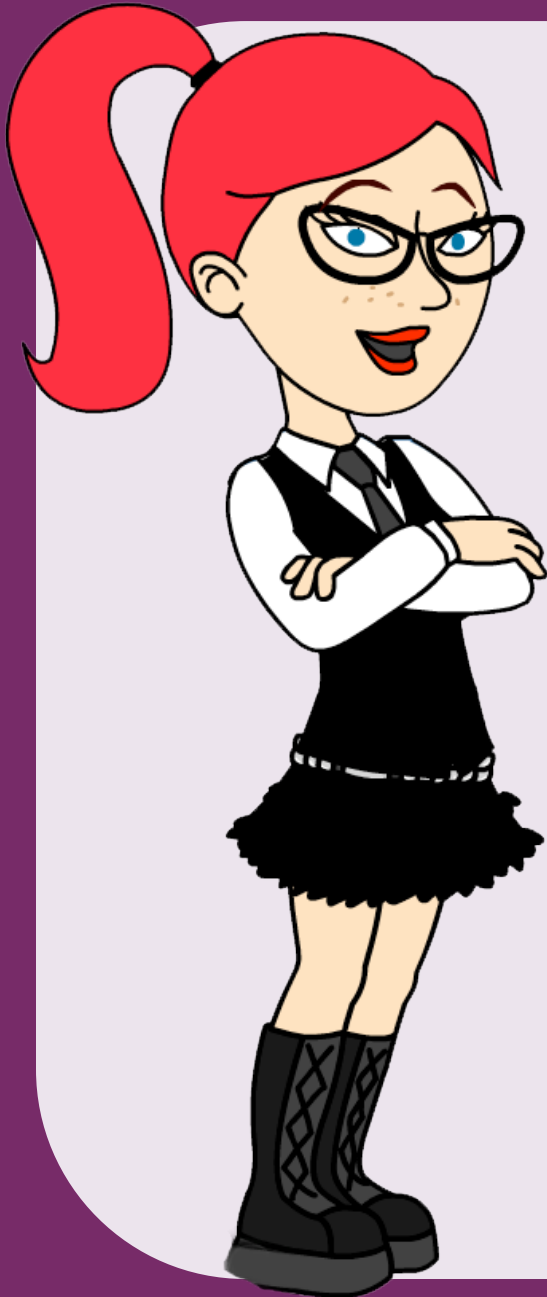


# Roll Your Hands

Poem



Roll your hands so slowly,  
As slowly as can be;  
Roll your hands so slowly,  
And fold your arms like me.

Roll your hands so quickly,  
As quickly as can be;  
Roll your hands so quickly  
And fold your arms like me.

Clap your hands so softly,  
As softly as can be,  
Clap your hands so softly  
And fold your arms like me.

Clap your hands so smartly,  
As smartly as can be;  
Clap your hands so smartly,  
And fold your arms like me.

(Have children do the motions  
as you say them.)