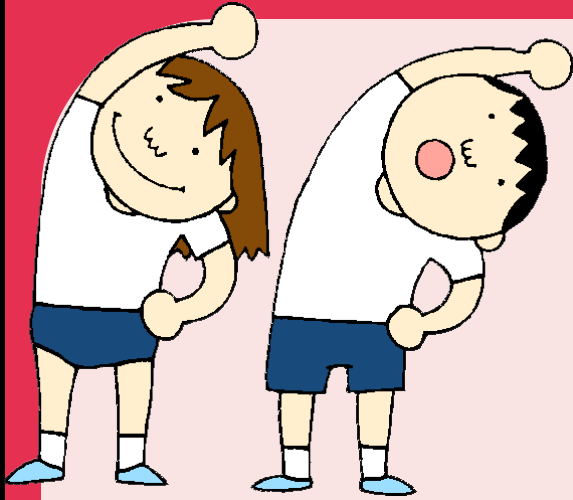


Stretch, Stretch

Action Poem



Stretch, stretch away up high,
(reach upwards)

On your tiptoes, reach the sky.
(stand on tiptoes)

See the bluebirds flying high.
(wave hands)

Now bend down and touch your toes.
(touch toes)

Sway as the North wind blows.
(move body back and forth)

Waddle as the gander goes.
(waddle while walking)