

Head and Shoulders



Action Poem

Head and shoulders,
knees and toes,
knees and toes,
Head and shoulders,
knees and toes,
knees and toes,
Eyes and ears and mouth and nose,
Head and shoulders,
knees and toes,
knees and toes.

(Have children stand and touch their body parts as you chant the poem.)

(Repeat again a little faster.)