

# Hands Upon My Head

## Action Poem



Hands upon my head I place  
On my shoulders, on my face,  
At my waist and by my side  
Then behind me they will ride.  
Then I'll raise them way up high  
Watch my fingers fly, fly, fly,  
Then clap, clap, clap, one, two,  
three  
See how quiet they can be.

(Have children do motions in poem.)